

TALON[®]
A P P L I A N C E C A R E
I N S T R U C T I O N S

- I. Prior to placing the appliance in your mouth:
 - A. Brush and floss your teeth.
 - B. Soften the appliance under warm tap water to aid in placement of the appliance over your teeth.

- II. To insert the appliance:
 - A. Use the forefinger and thumb of both hands to guide the appliance into place over your teeth.
 - B. Gently close your teeth together to insure the appliance is fully seated.

- III. Removal of the appliance:
 - A. Use the forefinger and thumb of both hands to grasp the appliance.
 - B. Pull the appliance from your teeth.

- IV. Cleaning of the appliance:
 - A. Use liquid hand soap or other mild toothpaste abrasive recommended by your dentist.
 - B. Brush the appliance under cold tap water with a soft toothbrush.

V. Storage of your appliance:

- A. Shake moisture from the appliance.
- B. Place the appliance in a container provided by your dentist, or use a sealable container such as a tupperware container.

VI. Mineral deposits or opacity:

- A. Mineral deposits can accumulate causing discoloration. If this occurs - soak the appliance for approximately 15 minutes in a denture soak cleanser.
- B. After soaking - allow the appliance to air dry and store it in your sealable container.

Note: Air drying helps to dissipate the opaque appearance caused by excess moisture.

VII. Contact your dentist:

- A. As directed by your dentist.
- B. If changes in your symptoms occur.
- C. If changes occur in the appearance of your mouth or gums.